



Strong Today  
Stronger Tomorrow  
Strongest Together

IODE Canada  
123<sup>rd</sup> National Annual Meeting  
Wednesday 24 May - Friday 26 May 2023

### Proposed Agenda in Brief

The **2023 National Annual Meeting 24, 25, 26 May 2023** will be held as **Zoom meetings and is open to all members**. Those attending annual meetings truly believe in volunteer community service and learn from their experiences. This year's guest speaker will focus on the concept of *ALLYSHIP (Nothing About Us, Without Us)*. Discover why it is important to **ASK and LISTEN** to those with the lived experience; and then **ACT** on their input!

#### There is no registration fee.

Registrations required prior to 10 May to allow for Zoom invitation and emails.

The Zoom invitations will be emailed to you a day or two prior to each session.

Please check each invitation email to make certain that you use the correct link to join the meeting.

#### All times are Eastern Daylight Time

### Wednesday, 24 May 2023

#### 11:00 a.m.

- **First Time Attendees** - Great chance to meet other IODE members, to ask questions and learn together. You will leave knowing there are many friendly faces waiting to welcome you and answer your many questions.

#### 1:00 p.m.

- *Stronger Today* **Keeping Chapters Healthy Workshop** - IODE Canada President Jane Cushing and IODE Ontario President Helen Danby will discuss strategies to keep your chapter vibrant. Bring your own ideas and feel free to steal ideas from others.

#### 3:00 p.m.

- *Stronger Tomorrow* **Growing Leadership Workshop** - How to inspire and encourage members to take on chapter responsibilities. An opportunity to learn a different approach or technique while connecting with other members.

#### 5:00 p.m.

- **Social - Ontario Welcome**

### Thursday, 25 May 2023

#### 1:00 p.m.

- **Opening Ceremonies**
- *Strongest Together* **Allyship (Nothing About Us, Without Us)** Guest Speaker Sara Middleton, United Way Canada, National Director, Community Service Recovery Fund. London, Ontario - Currently seconded to United Way Canada.
- **IODE War Memorial Committee Resolutions**
- **Presentation of Officer's Annual Reports**
- **National President's Address**
- **IODE RCMP Community Service Award** - Presentation to a member of the RCMP for their public service to their community outside of their official duties.

**5:00 p.m.**

- **Social - Chat with the Directors** - Any gathering of friends is not possible without the presence of you. We want you to know that we will all be waiting eagerly to have you join us to hear *Directors' Favorite Things*.

**Friday, 26 May 2023**

**11:00 a.m.**

- **Primary Presidents' Workshop** - Informal setting aimed to generate some concrete answers to current questions with a good opportunity to learn new skills.

**1:00 p.m.**

- **IODE War Memorial Scholarships** - Announcing the three recipients.
- **100<sup>th</sup> Anniversary Grant** - Learn about the Hamilton YWCA's *Supervised Virtual Parenting Program*.
- *Share a Story – Bring a Book* - A National Annual Meeting project, since 2011. This program collects funds from the IODE members and chapters to be presented to the worthy recipient(s) in the province hosting the National Annual Meeting. To date this project has donated over 3,250 books to support early literacy projects. In order to sustain our support for this project at this National Annual Meeting, monetary donations by [e-Transfer](#) will be accepted or cheques may be mailed to IODE Canada, 80 Birmingham Street, Suite B6, Toronto, ON M8V 3W6. With these funds, books will be possible for the chosen organization.
- **BounceBack® IODE** is spreading awareness about the Canadian Mental Health Association's (CMHA) initiative to help individuals manage mild to moderate depression, anxiety, or stress. Delivered over the phone with a coach and/or through online videos this mental health support is available across Canada.
- **Membership Awards** - The Provincial award is based on the greatest percentage of new members in a provincial chapter. The Membership Crystal Challenge Cup is awarded annually to the Primary Chapter attaining the most new members.
- **IODE Violet Downey Book Award** - Meet this year's winning Canadian author.
- **Installation of the 2023/2024 Officers**

**4:00 p.m.**

- **Social - Invitation to the 2024 National Annual Meeting held in Charlottetown, Prince Edward Island.**

**There is no registration fee.**

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**Donations to IODE Canada's Together for Tomorrow Fund gratefully accepted** through E-transfer to [iodecanada@bellnet.ca](mailto:iodecanada@bellnet.ca)

OR

a cheque to IODE Canada, 80 Birmingham Street, Suite B6, Toronto, ON M8V 3W6

